

**'Fall is for Planting' Program with Horticulturist Steven Kristoph
at East Brunswick Public Library, Oct. 2**

EAST BRUNSWICK – Don't put away those garden tools yet. Horticulturist Steven Kristoph will discuss why "Fall is for Planting" in the next Option Green program at the East Brunswick Public Library at 7 p.m., Wednesday, Oct. 2.

The program is free and open to the public. Children over 10 may attend.

Kristoph says fall is an excellent time to plant most trees, shrubs and herbaceous perennials.

"Soil temperatures continue to be warm through the autumn months while the air temperatures drop," he said. "These conditions are perfect for planting. The warm soils encourage root development and growth while the lower day and night air temperatures put less stress on anything newly planted."

In his program, Kristoph will discuss proper planting techniques for both container-grown and balled and burlap plants, and will highlight many landscape plants that add to the garden's fall interest. Small plants will be available for purchase.

Kristoph is widely known for his encyclopedic knowledge of plant material. He received his bachelor's and master's degrees in horticulture from Rutgers University and has been an adjunct instructor at Rutgers for over 40 years. At his Steven Kristoph Nursery in Millstone in Monmouth County, he grows many types of ornamental trees, shrubs, and herbaceous perennials.

The Option Green lecture series is presented by the Friends of the East Brunswick Environmental Commission in partnership with the East Brunswick Public Library. For more information about the Friends, visit friendsebec.com.